

75ZT Community

How to change seat covers (Front seats) By Froggy

Don't think this has been covered before, so here goes. The how-to here covers front seats as they are the most difficult.

Disclaimer: this worked OK on my car. It is a guide only. If you follow this how-to and end up in trouble, I accept no responsibility.

First job, disconnect battery and allow time for airbag circuits to discharge.

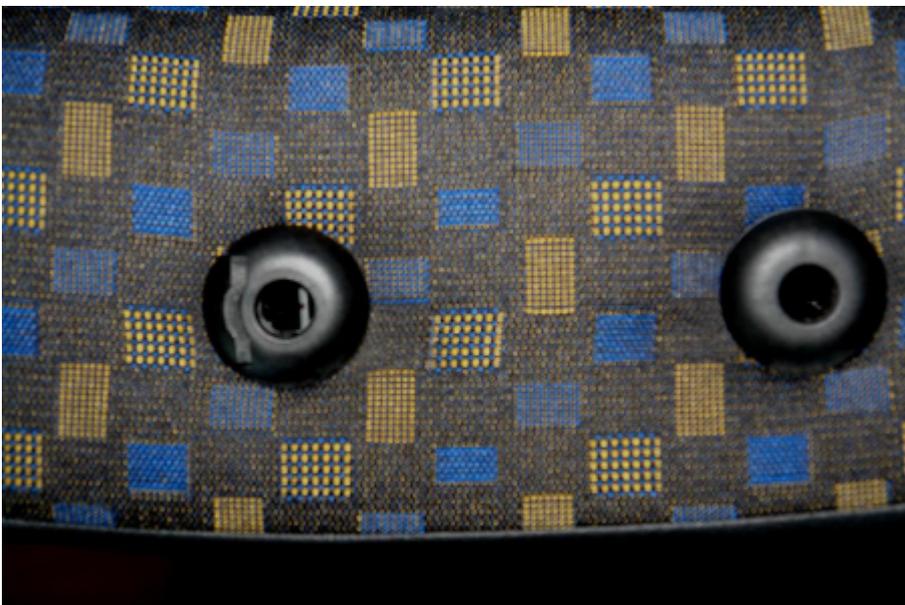
Remove seats. You will need to slide them forwards and backwards to access the mounting bolts on the runners. When bolts are out tip seat to ease access to:

- 1) cable that operates seatbelt height adjuster - disconnect
- 2) wiring via plugs for airbags and seatbelt tensioners - disconnect. (You can stick your fingers in your ears if you are worried there may be a loud noise).

Carefully remove seat from car and stagger off into house to work on it. Do not scratch paint or wallpaper on the way in.

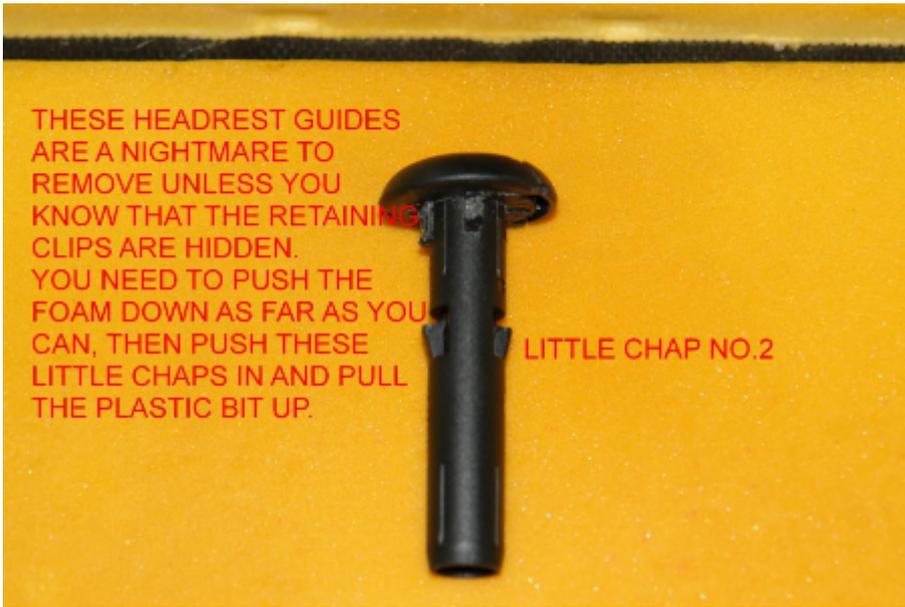
When settled in a nice comfy place, remove headrest.

You are left with this:



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You need to remove the two very classy looking bits of plastic. This is not easy unless you know exactly how they are fitted:



OK, you did that without breaking anything.

Next step is to remove the backboard in such a way that you can put it back on again (i.e. you don't break the clips).



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You need to start at the bottom, working from the side with a long screwdriver. It needs to end up in the position shown:



Move on now to the two clips at each side.



The piece is removed completely by pulling down so that it unclips at the top.

It is now time to remove various bits of plastic. Remember that they are very easy to break if you do it wrong. So: If you have manual seats like mine you need to remove the recline control wheel and the lumbar control wheel. THEY ARE NOT FIXED IN THE SAME WAY.

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The recline control is held on with a Starlock thingy, accessed by removing the cover:



It IS possible to open these up with a small screwdriver and then pull off, but you may need to buy new ones for re-fitting.

The lumbar control on mine had to be pulled off - USING A LOT OF EFFORT, there was no special fixing.



Don't try to remove the cap because it isn't a cap !

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Now remove the long plastic piece covering the controls.



Recline the backrest FULLY and remove the two torx screws shown:



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The base cover is held on by nylon/plastic strips:



Unclip them all, and you end up with this:



Turn the seat up and CAREFULLY remove the cover for reason stated:

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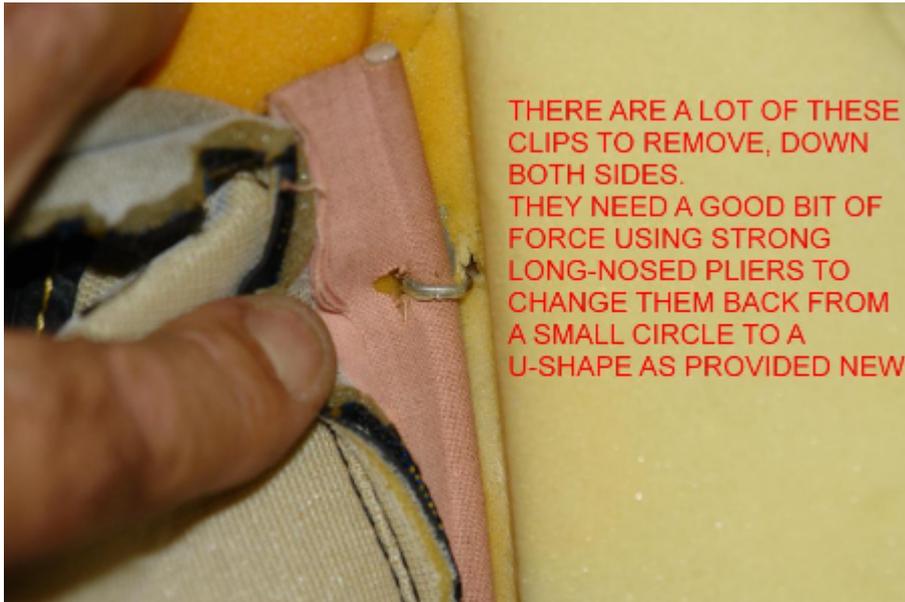
Now turn your attention the the squab (backrest) cover.
Unclip the retainers as before:



Now using brute force and ignorance, pull the cover over the top of the seat.

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The fun bit starts here:



These clips on mine were obviously done using a nice Rover Special Tool. I used two large strong pairs of long-nosed pliers to open them up and remove them. When you have them all out, CAREFULLY remove the cover as before.

You should now have something that looks a bit like this:



In the famous words of MR Haynes, "assembly is a reverse of the above".
A bit over simplified perhaps, but you get the picture.

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And if it all works out, you have one of these to play with



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